

What's in My Drink?

Directions: Please circle the correct answer.

- true | false** 1. Most people have one sugary drink per day.
- true | false** 2. Drinking water is good for your teeth.
- true | false** 3. Drinking sugary drinks is good for your teeth.
- true | false** 4. Water has zero calories.
- true | false** 5. It is okay to drink fizzy water.
- true | false** 6. Chocolate milk is the best milk for you.
- true | false** 7. You can never have soda pop or any type of sugary drink.
- true | false** 8. Drinking water makes you happy.
- true | false** 9. Drinking water is bad for your heart.
- true | false** 10. The more sugar you drink, the more energy you will have.

GRADE
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