



# A NEW approach to patient benefits

A healthy mouth is a vital part of overall health. That's why we're introducing Health *through* Oral Wellness® (or, HOW® for short). HOW is a unique, patient-centered program that adds additional benefits to a patient's dental plan, based on their individual oral health needs. By performing a simple risk assessment, patients may have access to additional preventive and health-sustaining benefits.

## PreViser® Online Oral Health Risk Assessment



Through PreViser, we're offering dental professionals access to a free online oral health risk assessment. This tool measures the risk and severity of periodontal disease, the risk of caries and restorative needs, and oral cancer risk. It's part of our ongoing commitment to improve oral health and help patients take a more active role in their own preventive care.

### ✓ Accurate and informative.

Assessments include a series of questions about brushing and flossing, clinical information (probe depths, previous restorative work, etc.), the frequency of dental visits, and other oral behaviors and medical conditions. PreViser then calculates a numeric score that reflects their current oral disease status and the risk for future diseases.

### ✓ Easy to read.

Assessment results are displayed in colorful patient reports, describing the risk of oral disease on a scale from 1 to 5 (with moderate to high risk being 3 or greater). A severity score indicated with a numeric value from 1 to 100 is also included, making it easy to track progression over time.

### Caries report sample

**Tooth Disease Risk and Health Assessment**  
Exam Date: 3/20/2014  
Prepared for: James Goodfellow  
Prepared by: Dr. Goodfellow, Excellence in Dentistry  
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powered by **PreViser**  
Overview

Your Clinical Access Code: **FFHMT4FNFN**

**Tooth Decay Risk Score**  
4 out of 5

The tooth decay risk score describes the likelihood that without appropriate home and professional care, the health of your teeth may worsen resulting in tooth decay or breakdown of existing restorations.

5 Very High Risk  
4 High Risk  
3 Moderate Risk  
2 Low Risk  
1 Very Low Risk

**Your Tooth Forecast**  
Partly Cloudy. You can manage the slight danger of an oral health problem with good home and regular professional care.  
Your scores can help determine what professional treatments and preventive home care strategies may benefit you.  
For more information on your oral health and how to improve it, just visit <https://apps.previser.com/josephgoodfellow/>, and click on the "My Dental Score Reports" tab. Enter the clinical access number shown at the top of the report to access this valuable information.

**Restorative Needs Score**  
4 out of 100 pt.

Your score indicates that while you have restorations, no active tooth decay exists, and all of your restorations are sound.

Very High Needs 50-100  
High Needs 30-49  
Moderate Needs 10-29  
Low Needs 2-9  
Very Low Needs 1

What Changed? The information below shows your scores over time.

Date	Tooth Decay Risk Score	Restorative Needs Score
3/4/14	4	40
3/4/14	4	40
3/20/14	4	40

**Tooth Health and You.**  
Knowing your risk of tooth decay and the current health of your teeth is the first step in maintaining or improving the health of your teeth. Here are the other simple steps you can take:

- Talk to your dentist about managing the risk factors that may contribute to tooth decay.
- You can help prevent tooth decay by following these tips:
  - Brush twice a day with fluoride toothpaste.
  - Clean between your teeth daily with floss or an interdental cleaner.

## Benefits beyond assessment.

The PreViser oral health risk assessment is part of a broader program, Health *through* Oral Wellness® (HOW®), which offers high-risk Delta Dental of Idaho patients a variety of expanded benefits including:

- ✓ Additional cleanings
- ✓ Fluoride (*child and adult*)
- ✓ Oral hygiene instruction, nutritional counseling, or tobacco cessation counseling
- ✓ Sealants (*child and adult*)
- ✓ Periodontal maintenance
- ✓ Drugs or medicaments dispensed in the office for home use

## HOW TO GET STARTED:



**First**, simply create your PreViser account at go.deltadentalid.com/PreViser and follow the registration steps.



**Second**, begin your PreViser oral health risk assessment for your patient. If your patient is high-risk for a certain condition, Delta Dental of Idaho will “unlock” additional preventive benefits immediately.

If you have questions or would like to contact us for more information regarding the PreViser risk assessment or the new Health *through* Oral Wellness (HOW) program, please contact us by phone at (208) 489-3563 or by email at [ProfessionalRelations@deltadentalid.com](mailto:ProfessionalRelations@deltadentalid.com)

All enhanced benefits are subject to the patient meeting their plan's annual maximum and other limitations. Patients must receive a risk assessment at least once every 18 months to maintain HOW enhanced benefits. Enhanced benefits and standard policy requirements, including coinsurance percentages, copayments and plan maximums, may be subject to changes.

